



Your Healthy Rewards 2023

Earn up to \$200 in gift card rewards by December 31, 2023.



Step 1: Complete activities

You can earn rewards for completing eligible health activities (see pg. 2).



Step 2: Let us know

Log in to [My.Aetna.com/HealthyRewards](https://my.aetna.com/HealthyRewards) to report your completed activities. Or use the reply card we sent you in the mail.



Step 3: Select your gift cards

You can pick gift cards from major retailers.



Get started today! Log in to [My.Aetna.com/HealthyRewards](https://my.aetna.com/HealthyRewards)



1. Click the gift box icon that says “Rewards.”
2. Enter the date you complete each activity.
3. Select a gift card (digital options available).

Scan the code with your phone’s camera and log in. If it’s your first time on your secure member website, register for an account.

2023 reward activities

Log in to My.Aetna.com/HealthyRewards to find your personal ways to earn.



Complete a Healthy Home Visit



Complete an annual wellness visit or physical



Watch your Healthy Outcomes series

Go to Bit.ly/WatchHOS to watch the videos.
Then talk to your doctor about any questions.



Get a preventive screening

Get a screening for colorectal cancer, breast cancer or depression.



Stay on track with diabetes care*

Get an A1C test and annual eye exam. Then confirm you're following a diabetes care plan prescribed by your doctor.



Get an eligible vaccine

Get an annual flu shot, COVID-19 vaccine or COVID-19 booster.

*This activity is only for eligible members with diabetes.

Medicare rules don't allow earned rewards to be used for Medicare-covered goods or services, including medical or prescription drug out-of-pocket costs. Earned rewards may not be used to pay for medical copays, prescription costs, or any other Medicare covered good or services. Earned rewards may also not be used on alcohol, tobacco or firearms or be converted to cash. Rewards earned may be considered taxable income. Please consult your tax adviser if you have any questions regarding the taxability of rewards.

The 2023 Medicare Your Healthy Rewards program is only applicable to certain MA and/or MAPD plans. Qualifying participants who are eligible to perform the program activities may earn rewards by completing all or some of the program activities. Rewards will be distributed to participants in the form of a gift card. Rewards for 2023 cannot be earned after 12/31/2023, which is the expiration date of the program. Participants should check the terms of their Evidence of Coverage (EOC) prior to participating in any program activities. Except as set forth in the EOC, Aetna shall not be responsible for any costs associated with, or arising from, a participant's performance of program activities. Your participation in the Your Healthy Rewards program is voluntary and does not affect your benefits from your Aetna health plan. Eligibility is limited to the Aetna member that this communication was addressed to. Subject to benefits and eligibility verification.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.