

Strawberry Yogurt Swirl

Course: Dessert, Entertaining, Vegetarian Cuisine: American, Gourmet, International, Vegetarian

Yield: 10 people

Materials

- 2 cups yogurt fat free
- 1 teaspoon vanilla extract
- 1 tablespoon Splenda
- 1 cup strawberry
- 1/2 cup raspberries
- 1 cup blueberry (garnish)

Instructions

1. Blend berries in a blender leaving it chunky.
2. Combine all ingredients and mix until well combine.
3. Serve cold.