

Retiree MATTERS

News for City of San Antonio Retirees



Issue 60 - March 2024

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COSAPERKS

Here are the latest discounts that have been offered to City retirees. We hope you enjoy them!

Broadway and Family Shows

For more information or assistance, call 210-226-5967 and identify yourself as a City retiree.

Discount End Date: 06/13/2024

Disney on Ice

May 2-5 showtimes: Thursday and Friday, 7 p.m.; Saturday 11 a.m., 3 p.m., and 7 p.m.; and Sunday 11 a.m. and 3 p.m. City Prices: Floor \$114.75, \$80.11 and Plaza Level \$49.80, \$44.38, \$36.81, \$28.15, \$20.57. For tickets, call 210-226-5967 and identify yourself as a City retiree to receive your discount. Prices above include facility fee and tax.

Discount End Date: 05/02/2024

San Antonio Spurs

Receive a 10% -20% discount on tickets for the entire 2023-24 NBA season and a fee savings from traditional ticket sites. Scan this QR code or visit fevo-enterprise.com/group/COSA.



Renee Frieda

Message From the HR Director

Dear City of San Antonio Retirees,

I hope this newsletter finds you enjoying retirement, the last few days of winter, and welcoming springtime

cosaretiree@sanantonio.gov. We look forward to hearing from you!

May you have a safe and healthy spring.

*Renee Frieda,
HR Director*

As many of you know, we work closely with the Retired Employees of the City of San Antonio, more commonly known as RECOSA, and I would like to thank the outgoing board chair Rebecca Waldman for her service to the organization. I would also like to welcome new board chair Stephen Haney. The HR team looks forward to working with you and the board, Stephen.

Be sure to let us know if there are any topics you would like to see in this newsletter. If you have any ideas for a future Retiree Matters issue or for an upcoming Brown Bag session, please email us at



Sign up to receive text messages from Human Resources regarding annual enrollment, benefits notices, Brown Bag events, and more! Simply text COSARetiree to the number 877-872-4241. Message rates will apply.



Make plans to attend the next Brown Bag Session on **Friday, March 22 beginning at 11:30 a.m.** at the Mission Library, 3134 Roosevelt Ave. There will be a presentation from the Alzheimer's Association and from the Methodist Hospital System regarding falls and how to prevent them.

Reserve your seat by leaving a message at 210-207-7000 or emailing AskHR@sanantonio.gov by Wednesday, March 20. Hope to see you there!

Message From The City Manager



Dear City of San Antonio Retirees,

In my 30 years with the City, I have seen many changes. We have added more technology, improved processes, added and subtracted departments along the way, and made it through a pandemic, but what has remained the same is our commitment to meeting the needs of our citizens and community.

Erik Walsh

I truly appreciate all the City employees I've worked with along the way. Your time here laid the foundations for employees after you.

Thank you again for the years you devoted to public service.

Until next time,

Erik Walsh, City Manager

Words on RECOSA—A Note From the Chair

RECOSA appreciates the opportunity to welcome you to a new year with renewed commitment to stay healthy, connected, and informed.

On November 17, 2023, RECOSA and the City's Department of Human Resources held a combined fall Brown Bag/ Annual Membership meeting featuring remarks by Mayor Ron Nirenberg, an election for four open positions on the 2024 Board, the first-ever silent auction, and over 40 donated "door prizes" to over 100 attendees. RECOSA appreciates the continued support of the HR staff for our activities.

During the Annual Meeting, the Nominating Committee (Liz Garcia, Chair; Rebecca Waldman; and David Lopez) submitted a slate of four candidates for consideration for the 2024 Board: two current board members, Stephen Haney, and Kevin Burton; a former board member, Frank Villani; and a new board member, Steve DeLaHaya. There were no nominations from the floor and the slate of candidates was elected by acclamation.

RECOSA's 2023 Annual Report has been completed and is available for review on RECOSA's website (www.recosa.org). Also, the Board continues to plan and develop the topics for the 2024 Brown Bag Sessions around the recommendations from the 2022 RECOSA Survey. The first Brown Bag of 2024 will occur on March 22, 2024. Presentations will be made by the Alzheimer's Association and Methodist Health Care.

For 2024, the Board is proposing amendments to our Bylaws to facilitate the election of Board members and future changes to the Bylaws by making the process open to more RECOSA members who may not be able to attend meetings in person. To review the proposed changes, scan the following QR Code or type the link below in your web browser to take you to our web page with the proposed Bylaws amendments.



<http://tinyurl.com/3kzadkfm>

An in-person vote to amend the Bylaws, as required by current Bylaws, will be taken at the March 22 Brown Bag session, so please plan to attend.

Please consider becoming a RECOSA member by registering at recosa.org and spread the word to friends who are retired COSA employees!

Best regards,
Stephen Haney, RECOSA Chair

Join/Contact RECOSA:

Website: www.recosa.org

Email: info.recosa@gmail.com.

Mail: RECOSA, P.O. Box 12973,
San Antonio, Texas, 78212-0973

Phone: 210-504-9567 (please
leave a message and you will
receive a call back)

Health & Safety



Because regular dental and vision visits are a key part of maintaining your overall health, here are a few reminders of the benefits available to you if you are currently enrolled in dental and/or vision insurance with Humana Dental or Vision Service Plan (VSP). If you are not currently enrolled in either of these plans, but would like either coverage, you may enroll during the annual enrollment period this coming October. Information about how to enroll will be mailed to your homes before annual enrollment begins.

DENTAL

The Humana PPO plan allows you to visit the dentist of your choice. In-network coverage includes:

- cleanings and oral exams covered at 100%;
- fillings, simple extractions, and periodontics covered at 80%; and
- bridges and dentures covered at 50%.

The Dental HMO plan requires that you select an in-network provider at the time of enrollment. Coverage includes:

- office visits, oral exams, x-rays, and two teeth cleanings per year with no co-pay;
- periodontal scaling and root planning at \$55 per quadrant;
- amalgam fillings at \$5 for one surface;
- surgical extractions at \$40;
- root canals at \$250; and
- crowns at \$270.

VISION

VSP provides access to thousands of private practice doctors and over 700 Visionworks retail locations nationwide. Coverage includes:

- annual WellVision exam for \$10;
- \$200 featured frame brands allowance, \$200 Visionworks frame allowance, \$150 frame allowance including Walmart/Sam's Club, 20% savings on the amount over your allowance, \$80 Costco frame allowance;
- single vision, lined bifocal, and lined trifocal lenses for no co-pay;
- \$150 allowance for contacts (instead of glasses); and
- retinal screening for members with diabetes, additional exams and services for members with diabetes, glaucoma, or age-related macular degeneration, treatment and diagnosis of eye conditions including pink eye, vision loss, and cataracts are \$20 per exam.

An additional benefit offered by VSP is a hearing health care plan that includes a discount of up to \$40 for hearing aids.

For more details about dental and/or vision coverage or if you have any questions, contact Humana Dental directly at 1-855-330-8060 or VSP at 1-800-400-4569.

Contacts

Aetna

1-800-338-4533
www.aetna.com

Blue Cross and Blue Shield of Texas

1-800-521-2227
www.bcbstx.com

City of San Antonio Human Resources Customer Service

210-207-8705 (P)
210-207-1455 (F)

sanantonio.gov/
employeeinformation/
retireeemployees

cosaretiree@sanantonio.gov

AskHR@sanantonio.gov

City of San Antonio Retiree Liaisons

Sara Mata
Ann Solis
Maricela Toral
210-207-0073

CVS/caremark

1-866-808-7470
www.caremark.com

HSA Bank

1-855-731-5220
www.hsabank.com

Humana Dental

1-855-330-8060

Texas Municipal Retirement System

1-800-924-8677
www.tmrs.com

Vision Service Plan (VSP)

1-800-400-4569
cosaretirees.vspforme.com



**HUMAN
RESOURCES**

PO Box 839966
San Antonio, Texas
78283-3966

Joining Your Ranks—Congratulations to Our Newest Retirees!

Amanda Almanza, 23 yrs.
Aviation

Sonia J. Alvarado, 21 yrs.
Fire

Archie Anz, 23 yrs.
Police

Cappi Arriola, 25 yrs.
Finance

Patricia Atkins, 12 yrs.
Human Resources

Ruben Barros, 34 yrs.
Aviation

Maria D. Blake, 14 yrs.
Finance

Paul Bordlemay, 17 yrs.
Parks & Recreation

Lona Carter, 5 yrs.
Finance

Yvonne Casias, 15 yrs.
311

Marceliano Castro, 19 yrs.
Finance

William Cunningham, 30 yrs.
Information Technology Services

Aimee Decontreras, 15 yrs.
Animal Care Services

Deborah De Guzman, 16 yrs.
Animal Care Services

Ronald De Leon, 23 yrs.
Public Works

Ruben Espinoza, 16 yrs.
Building & Equipment Services

Diantha Figueras-Castillo, 21 yrs.
Municipal Courts

Diana Garcia, 16 yrs.
Public Works

Julio Garcia, 26 yrs.
Solid Waste Management

Tony Garcia, 16 yrs.
Finance

Victor Garcia, 30 yrs.
Solid Waste Management

Arthur Gomez, 25 yrs.
Parks & Recreation

Julio Gomez, 7 yrs.
Public Works

Jose Gonzales, 30 yrs.
Public Works

Walter Gruben, 17 yrs.
Public Works

Wanda Heard, 10 yrs.
Human Resources

Mary Helwick, 10 yrs.
Public Works

Charles Hood, 16 yrs.
Fire

Lee Mei Hsu, 26 yrs.
Department of Human Services

Diana Juarez, 21 yrs.
Parks & Recreation

Andrew Jung, 18 yrs.
Library

Dale Keller, 38 yrs.
Public Works

Mitchell Knight, 8 yrs.
Aviation

Deborah Lee, 22 yrs.
Police

Serajul Mahfoz, 15 yrs.
Public Works

Roberto Martinez, 7 yrs.
Solid Waste Management

Mary Mora, 40 yrs.
City Attorney's Office

James Moore, 30 yrs.
Parks & Recreation

Rita Moore, 29 yrs.
Finance

Theodore Morales, 20 yrs.
Development Services

James Noonan, 35 yrs.
Solid Waste Management

Kerri Olsson, 7 yrs.
Police

Maria Orantes, 5 yrs.
Aviation

Sonnen Otto, 9 yrs.
Solid Waste Management

Stacy Pechacek, 25 yrs.
Department of Human Services

Moises Perez, 25 yrs.
Center City Development & Opts.

Daniel Quintero, 20 yrs.
Public Works

Alice Renobato, 28 yrs.
Library

Teresa Rivera, 11 yrs.
Department of Human Services

Richard Rocha, 9 yrs.
Solid Waste Management

Armando Salazar, 16 yrs.
Parks & Recreation

Rudolfo Sanchez, 21 yrs.
Information Technology Services

Roberta Sparks, 27 yrs.
Library

Maria Taylor, 35 yrs.
Library

David Urbanowicz, 5 yrs.
Convention & Sports Facilities

Sandy Weser, 10 yrs.
Pre-K 4 SA