



Meals at home

Get home-delivered meals after leaving the hospital

With your Aetna Medicare Advantage plan, you can get healthy, precooked meals delivered to your home after an inpatient hospital stay—**at no extra cost**. This new meal benefit lets you stay focused on recuperating, while getting good nutrition.

Aetna® partners with a vendor called GA Foods® to coordinate this benefit. They deliver high-quality, nutritious meals to members during this important recovery period.



[AetnaRetireePlans.com](https://www.aetna.com/retireeplans)

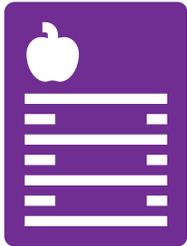
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 aetna®



How many meals can you receive?

The number of meals that you receive depends on your plan. Please refer to your Benefits section for more details.



What are the meal options?

Each meal will include the Entrée, sides, bread and margarine, and any additional condiments to compliment the entrée.

Most meals will include fruit and/or juice and/or dessert. For instance, we would not provide juice with the diabetic series.



It's easy to get your meals

After you're discharged to your home from an inpatient hospital stay:

- You'll get a phone call from GA Foods®. On the call, you'll learn about the meal benefit and discuss delivery time frames.
- GA Foods uses other third party vendors like FedEx as well as their drivers called FSRs (Field Service Reps). If you decide to get the food, it will be delivered in 24 - 72 hours.



Questions?

For more information, call the number on your Aetna® member ID card.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

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