



# City of San Antonio

Teamwork • Integrity • Innovation • Professionalism

## Department of Human Services

### Senior Services Division 2026





# Background, Current State & Future Plans



## Past

- 2002 City/County Joint Commission on Elderly Affairs established
- 2003 Joint Commission proposed comprehensive senior centers
  - Bond Funding approved by voters for 1<sup>st</sup> senior one stop center
- 2007 Bob Ross Senior Center opened

## Present

- 12 Comprehensive Senior Centers (City Managed)
- 4 PT Nutrition Centers (City Managed)
- 28 Partner Nutrition Sites (HEAL program with local organizations)

## Future

- 2028 – Projected completion of West End Park Senior Center Expansion
- 2028 – Projected completion of Kenwood Community and Senior Center

# Senior Centers



94%  
Satisfaction

D9 Walker Ranch

D10 Northeast

50,918  
Enrolled

22,568  
Active

12 Comprehensive  
Centers

4 Part Time  
Nutrition Centers

28 Community Partner  
Nutrition Sites

452,161  
Meals Served

88% Improved Social,  
Emotional & Physical Health

D8 Bob Ross

D7 Doris Griffin

D6 Alicia Treviño

D4 Robinette

D4 Willie Cortez

D5 Normoyle

D1 West End

D5 Senior Center

D3 South Side Lions

D2 Senior Center



# Program Requirements

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- ✓ Independent & 60+ years
- ✓ Under 60 years married to a 60+ participant who attends center
- ✓ Disabled persons under 60 who reside with a 60+ congregate participant and accompanies participant to the center
- ✓ Disabled under 60 resident who resides in an apartment complex where there is Senior Nutrition Program in operation





# Overview of Senior Services

*Seniors are healthy, engaged and independent*



## HEAL Program & Food Security

Meals, Food Commodities, & Nutrition Education



## Recreation

Pool, Table Games, Bingo, Exercise, Dance, & Music



## Education

Art, Writing, Acting, & Digital Literacy



## Support Services

Health, Financial Counseling, Chat Line, Caregiver Support, Benefits Navigation

## 20+ Collaborative Partners

Delegate Agencies & Contractors | Universities | Older Adult Organizations | Community Partners

# H.E.A.L Meals Construction

- Align with most recent Dietary Guidelines for Americans (DGAs) and Dietary Reference Intake (DRIs) for Older Adults.
- Required to provide 1/3 of the DRI in one meal.
- Can meet special dietary needs
- Members attend at least 1 Nutrition class per year



A close-up photograph of a computer keyboard. A finger is pressing a large, green key that has the text "DRI Dietary Reference Intake" printed on it in white. The key is surrounded by other standard white keyboard keys, including one with a backslash and curly brace, and another with the word "alt". The background is a blurred view of the rest of the keyboard.



# Exercise Classes / Fitness Equipment





# Computer / Tech Classes





# Karaoke





# Learn to Play Mahjong





# Transportation Services

➤ **Home/Center**  
*(5-mile radius)*

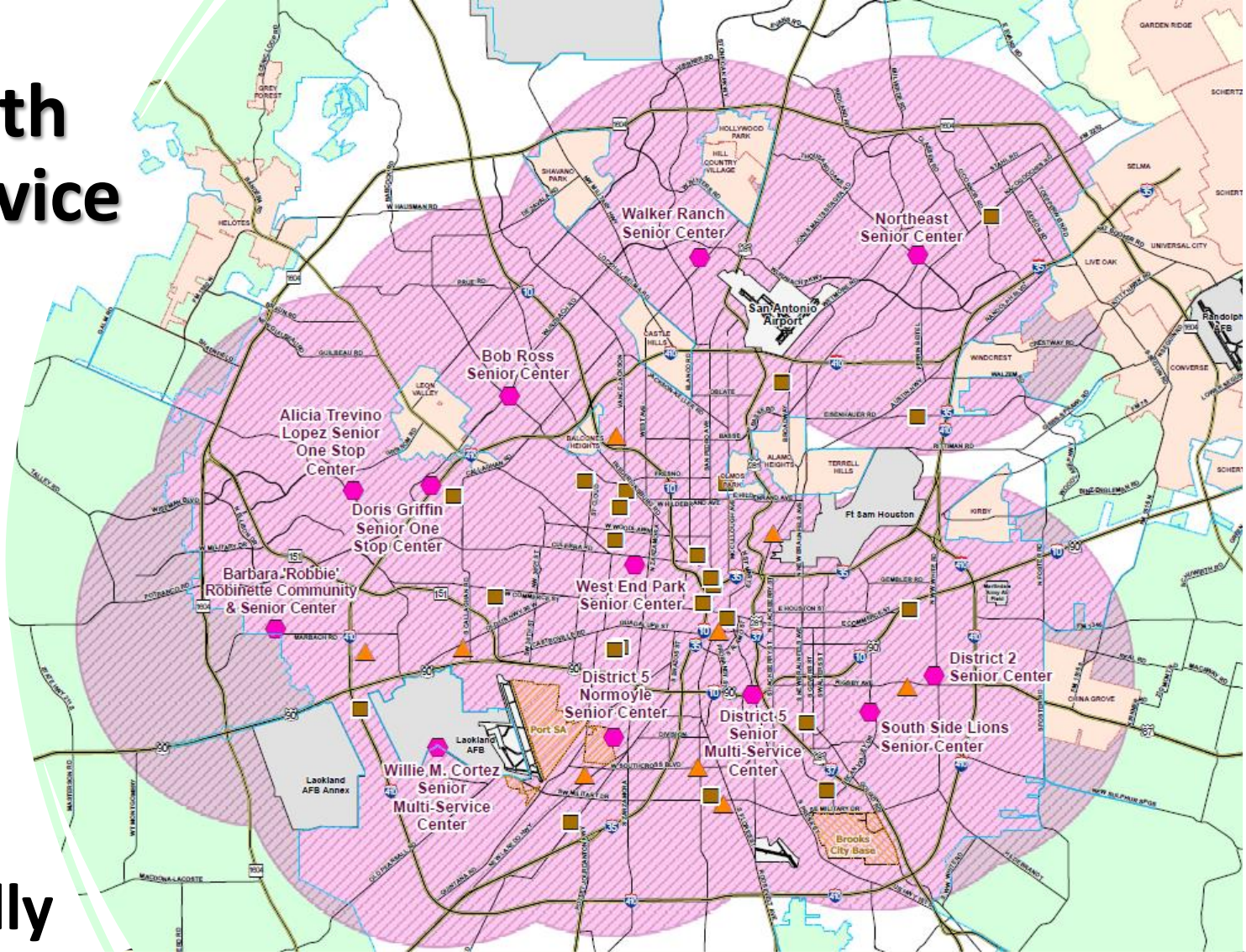
➤ **Field Trips**

- Shopping
- Special Outings
- Walking Trips



# Maps with 5-mile service areas

54,000+  
One-Way  
trips annually



- |                                             |                                 |                        |                     |
|---------------------------------------------|---------------------------------|------------------------|---------------------|
| Comprehensive Senior Centers Sites:         |                                 | Expressway             | Brooks City Base    |
| Existing (12)                               | Existing                        | Major Road             | San Antonio Airport |
| City Operated Part Time Nutrition Sites (9) | Contracted Nutrition Sites (24) | Cities and Towns       | City of San Antonio |
|                                             |                                 | Military Bases         | Bexar County        |
|                                             |                                 | Port Authority of S.A. |                     |

City of San Antonio  
**Existing Comprehensive Senior Centers & Nutrition Sites**  
**5-Mile Service Area**



# Elder Financial Security Program

## Financial Counselor

- Financial Education
- Fraud & Identity Theft Protection
- Debt Management
- Credit Building, Repair, or Improvement
- Budget Creation & Money Management
- Understanding Wills & Estate Planning

## Benefits Navigators

- Resources connection and coordination
  - Food/Utilities
  - Legal Service Referrals
  - Medication
- Advocate for individuals to gain access to services
- Navigate systems
- Documentation Clarification
- Benefits Assessment



# Special Events





# Volunteer Opportunities

- Arts & Crafts
- Bingo
- Computer & Technology
- Dance Instruction
- Food Bank Distribution
- Guitar
- Jewelry Making
- Karaoke
- Knitting & Crocheting
- Language Instructors
- Lotería
- Meal Program
- Quilters
- Ukulele





# Let's test your knowledge





# City of San Antonio

Department of Human Services  
Senior Services Division



## LEARN MORE

Scan here to visit  
[SA.gov/SeniorCenters](https://sa.gov/seniorcenters)

210.207.7172

