



AARP TEXAS

OUR MISSION & RESOURCES



OUR MISSION

- To empower people to choose how they live as they age.

OUR FOCUS

- Financial Resiliency (Money)
- Health Security (Health)
- Social Connections (Happiness)



Explore Money Topics: <https://www.aarp.org/money/>

Get the latest financial news and expert advice on money management to budget effectively, spend wisely, build a nest egg and live well in retirement.



Money Topics:

- Personal Finance
- Retirement
- Scams & Fraud
- Taxes



Explore Caregiving Topics: <https://www.aarp.org/caregiving/>

Find tips and support for family caregiving, from providing personal care, medical management and financial guidance to finding a healthy work-life balance.



Caregiving topics:

Basics

Care at Home

Medical

Financial & Legal

Life Balance

Local Resources



**Visit www.aarp.org/local
for events, resources, advocacy
and volunteering opportunities**