

Brown Bag Mar. 22, 2024 | 11:30 a.m. Mission Library 3134 Roosevelt Ave.

## **AGENDA**

Welcome | Introductions of RECOSA Board & City Staff | Support RECOSA 11:30am - 11:35am Stephen Haney RECOSA Board Chair **Proposed RECOSA Bylaw Changes & Member Vote** 11:35am – 11:45am Stephen Haney RECOSA Board Chair Presentation - "The Impact of Alzheimer's & Dementia on Our Community" Ginny Funk 11:45am - 12:15pm Director of Programs Alzheimer's Assn. - San Antonio & South Texas Chapter Presentation - "Fall Prevention & Reducing Your Risks" Dr. Gina Dawson PT, DPT 12:15pm - 12:45pm Rehabilitation Services Methodist Hospital - Landmark Door Prizes (incl. \$100 & Items Courtesy of Magik Theatre & Methodist Healthcare) (note: winners must be present) 12:45pm - 12:55pm Stephen Haney RECOSA Board Chair **Closing Remarks** 12:55pm - 01:00pm Stephen Haney RECOSA Board Chair Complimentary Blood Pressure Checks | Information on Eating Well & **Healthy Nutrition** 01:00pm - 01:30pm Methodist Healthcare