

**RECOSA (Retired Employees of the City of San Antonio)
Board of Directors Meeting Minutes,
March 5, 2020**

**Location: San Antonio Central Library, 2nd Floor Conference Room 2.1
600 Soledad St. San Antonio, Texas**

2020 Board Members Present: Rose Rangel, Michael Trainer, Stephen Haney, Martha Sepeda, Rebecca Waldman, Frank Villani, Pat Peak
Honorary Board Member, Edward Garcia,
Guests: Rose Sanchez, Lewis Andrews, James Laferla
Board Members Absent: Liz Garcia and John German

1. CALL TO ORDER: Chairman Rose Rangel called the meeting to Order at 12:06 pm.

2. APPROVAL OF AGENDA: Mike Trainer moved to approve the proposed agenda. Frank seconded. The agenda was approved.

3. APPROVAL OF MINUTES OF FEBRUARY 4.: Pat Peak noted that the minutes stated the March Board meeting would be a joint meeting with HR at the South Flores St. address if details could be arranged. The meeting place was changed to the San Antonio Public Library, Central Branch at 12:00 p.m. to be followed by a meeting with HR representatives. Frank moved to approve the minutes as changed to note the change in location. Mike seconded. The motion was approved.

4. OFFICER AND COMMITTEE REPORTS:

A. Rose Rangel, Board Chair reported that the City Retiree Sessions will be held this year on May 30 and November 7. Rose will represent RECOSA.

B. Rebecca Waldman: No Report

C... John German, Treasurer has made the Treasurer's Report available to Board members by email. As of March 3, 2020, the total of RECOSA funds at Generations Federal Credit Union is \$10,982.45. The Board approved Gene Camargo's and John's recommendation to keep \$2000 available in the checking account, \$2000 in the Money Market and \$5000 in a Certificate of Deposit. Rose will verify the best interest rates available with Generations and will arrange for the proper documents to be signed by the Chairman and Treasurer.

D. Recording Secretary Pat Peak: No Report

E. Corresponding Secretary, Stephen Haney sent out 27 revised Welcome letters to new retirees scheduled for retirement in October, November and January. 3 letters were mailed; the balance were sent by email.

F. Technology: Liz Garcia reported to Rose that she was continuing to work on the transition of Technology and IT per the agenda including database management, email blasts and website updating. Rose suggested a meeting between Liz and Kevin to clarify sending email Blasts and other communications made to RECOSA due to the misinformation that was sent to Board members regarding the March Board Meeting by Kevin. Stephen volunteered to be included in that meeting.

G.. Legislative TMRS: Mike Trainer reported that TMRS is still looking for a replacement for the Chief Executive position, He doesn't see any additional changes other than those made in their By-laws last year. He expects to attend the next meeting of the Texas Pension Committee on Investment and Finance in Austin on March 9.

H. Post 65 Health Insurance Evaluation Process: Liz Garcia and Martha Sepeda: The Evaluation Committee will meet in mid-March after the proposal submission deadline on February 28.

5. Meeting with Human Resources: Topics for discussion:

i Suggestion by Gene Camargo, Liz Garcia and Rebecca Waldman to re-name "Brown Bag Lunches" to something that reflects what we are doing: e.g. City Retiree Educational Forum. At least two of the three sessions would include lunch provided by RECOSA. It was suggested that a survey question to the membership about an appropriate name change might help as well as discussion at the April membership meeting

ii. When can RECOSA expect updated information regarding TMRS Demographics and Retiree Health Plan Statistics including numbers showing #of retirees in each plan, amounts the city paid and amount spent by retirees, etc.?

iii. Becky suggesting asking HR about giving information to retired members regarding providing transportation for retirees. HR has pointed out in the past that there are transportation service options available and that it is difficult to keep that kind of information current.

iv. Guest James Laferla who will retire soon had questions about medical insurance coverage for himself and his spouse and getting information to help him make the decision about the kind of coverage he needed as a retiree. Members provided suggestions from their own experience.

Discussion returned to the **Brown Bag agenda** for the April 17, 2020 meeting at Mission Library at 11:30 a.m.

A packet in a red folder will be prepared (approximately 40)

A box lunch will be available

The check-in process will begin one hour earlier

The Survey form and agenda will be placed on chairs since there will not be tables available at Mission Library.

Becky suggested that we continue to investigate the possibilities of free transportation to retirees.

Frank has a contact with WelMed (Laura Cisneros) and will look into the educational information available for retiree decision making and a possible presentation at a future Brown Bag meeting by Welmed

It was also suggested that the City might consider an ombudsman position to advise retirees.

6. Scheduled Meetings: The next Board Meeting is scheduled for April 7, 2020 at 11:30 a.m. at The Central Library.

The Brown Bag Membership meeting is scheduled for 11:30 a.m. April 17 at Mission Library. The proposed agenda will be sent to HR for information to be included in Retiree Matters. Pat Peak and Rosa Sanchez volunteered to help with the distribution of flyers and with registration and will arrive at least an hour before the meeting.

Liz will co-ordinate with Selrico Inc./James Gonzaba regarding lunch delivery

Rose will co-ordinate with Roxanne Olivarri to assure RSVPs by April 15.

7. New Business:

Finalize arrangements for May 5th Board Meeting at noon at Central Library to co-ordinate with HR meeting immediately following

8. Adjournment: Martha Sepeda moved to adjourn. Pat Peak seconded. The meeting was adjourned at 12:53.

COMBINED MEETING WITH CITY OF SAN ANTONIO HUMAN RESOURCES

HUMAN RESOURCES STAFF ATTENDING:

Jim Thomas, Lori Steward, Wanda Heard, David Whitt
Stephanie Noah with Gallagher

Rose Rangel Opened the meeting at 1:06 p.m.

Questions Discussed:

1. Updated Information re TMRS Demographics and Retiree Health Plan Statistics:

HR provided a Utilization Data Summary prepared by Arthur Gallagher Co. providing cost and usage figures from, January 1 to September 30, 2019. Overall there have been significant decreases in both pre and post-65 per-member/per month costs. The Board requested that Wanda scan and send this information to Board members. Regarding additional information such as TMRS Demographics and Health Plan Statistics which we have been able to receive in the past, HR reports they should have Retiree utilization information the first quarter of 2020 to be available at our next meeting.

2. Update on post 65 health insurance evaluation process.

HR reports four responses have been received and are currently being evaluated for their responsiveness to the RFP. The Evaluation Committee will meet later this month.

3. Update on the City's Wellnes Center:

HR reported they have requested a Best and Final Offer from respondents to this RFP. The facility will be available to both active employees and retirees. It's not known yet whether Retirees not enrolled in the City's Health Plan would be included. At this point, there are no records available to identify the number of retirees who are NOT on the City's Health Plan. HR confirmed they still offer the One Time Opt Out of the City Health Insurance Plan. Stephanie noted that retirees should be encouraged to use walk-in care centers like those available at CVS for routine matters like flu shots, minor abrasions and pharmaceutical questions.. It was suggested that HR develop a document suggesting the best use of walk-in clinics, urgent care facilities and Hospital Emergency Rooms as many people don't understand the difference as it relates to their insurance coverage

4 Update on the Budget Process.

HR will brief the Board on benefits- related information in the five year forecast to be presented at our joint meeting in May

5. Question regarding out-dated phone number on Aetna ID cards”

Aetna is issuing new cards including new phone number only when specifically requested by an insured member. Reference: Aetna correspondence: “See What's Changing for 2019” which was sent to retirees in fall, 2018 and included the new phone number. 800-338-4533. Several Board members indicated they don't remember seeing that document.

6. Question regarding charges for the specialist fee of \$15.00 instead of \$5.00 when You see a Physician's Assistant instead of your Primary Care Provider.

HR explained this is a problem with billing in the Physician's office rather than a City/Aetna question. If the patient sees a Primary Care Physician and not a Specialist, he/she should only be charged the \$5.00 fee. If your appointment is with a Specialist and you have to see the Physician Assistant instead, the billing is probably related to the Doctor's Specialist license. HR recommends discussion of the situation with the Dr. for the reason they are charging the Specialist fee when you weren't treated by the Specialist.

7. Why aren't post-65 health care costs included with non-Medicare costs in the City's “Rock Enroll Benefit Matters 2020”?

HR explained they are reluctant to include Aetna information in City documents in accordance with CCMS guidelines. There have been problems with interpretation in the past.

8. Review and discussion of April 17, 2020 Brown Bag membership meeting:

David Whitt reports that Mission Library has been booked for the 4/17 meeting at 11:30 a.m. He will work with the Library to have more trash receptacles available. He is working on availability of an audio system with Government Affairs.

9. An Agenda will be sent to Human Resources for publication in “Retiree Matters”

10. Other Items Discussed

Liz Garcia will co-ordinate food delivery. Additional volunteers will be recruited to help Pat and Rose with registration and distribution of flyers.

Frank and Mike will co-ordinate providing copies of documents needed for the packets to be available at the Joint Meeting .

David Whitt handed out updated information on YMCA city-wide membership for employees and retirees which is also available nation-wide at participating Y’s and offers an alternative when travelling. There is no age requirement. Silver Sneakers is a program for post -65 members and also should be mentioned as it is covered through Aetna Medicare Advantage program and is available through many Fitness Centers.

The dual meeting was adjourned at 1:56 p.m.

Submitted by Pat Peak, Secretary